A FREE MIDWINTER PRINTABLE

The Longest Night

Seven lantern nights at Stillwater

For the seven nights before Christmas, or any dark week of the year.

NORDIC ◆ SEER

The still place

Far in the North lies Evenmere, a world of granite fells, birch forests and four strong seasons, ringed by a restless sea. Storms cross it every year. Yet at its heart lies a wide lake whose water stays calm in every weather. The people of Evenmere call it Stillwater.

On a granite isle in the middle of Stillwater, Halla the Lantern Keeper keeps a small flame burning through the longest night of the year, so that anyone lost in Evenmere can find the still place again. Beside the lantern stands her small log hut, the Keeper's Hut, where the door is never locked and the coffee pot is always on the fire.

For seven evenings, light a candle or a lamp. Read one page. Answer one question. It takes ten minutes. There are no right answers, only clearer ones. And on every page, somewhere, a small flame is waiting. That flame is the Seer: the light that never goes out.

Stand still. See far.

NIGHT 1 OF 7

Arrive

I

Sit somewhere quiet for three minutes. No phone, no plan.

What has this year asked of you?

☐ ONE MARK TONIGHT

NIGHT 2 OF 7

Look back

Remember one hard day this year that you got through.

II

What carried you through it? Name it.

☐ ONE MARK TONIGHT

NIGHT 3 OF 7

Let go

Some things are too heavy to carry into a new year.

III

Write down one thing you are ready to set down on the ice.

☐ ONE MARK TONIGHT

NIGHT 4 OF 7

Keep

Some things are worth keeping lit through every winter.

IV

What small habit or person kept you steady this year?

☐ ONE MARK TONIGHT

NIGHT 5 OF 7

Thank

Gratitude is a lantern you can carry anywhere.

V

Who deserves a quiet thank-you from you? Send it tomorrow.

☐ ONE MARK TONIGHT

NIGHT 6 OF 7

One mark

Big change is only small marks, made every day.

VI

What is one mark you will make every day next year?

☐ ONE MARK TONIGHT

NIGHT 7 OF 7

The light

This is the longest night. From here, the light returns.

VII

Stand still for one minute. What do you see more clearly now?

☐ ONE MARK TONIGHT

AFTER THE SEVENTH NIGHT

The light returns

You made it through the longest night. From here, every day holds a little more light. Keep your lantern lit: one mark a day, one quiet minute, one clearer view.

"The Seer is the light that never goes out.
Look closely, and you'll find it in you too."

NORDIC ◆ SEER

More from Evenmere: journals, coloring books and The Lantern letter at nordicseer.com

© 2026 Nordic Seer, a brand of Mojo Company Finland Oy. Free for personal use.